



THE UNIVERSITY OF THE THIRD AGE

U3A Emerald Inc.

2023 Courses



Image Courtesy of Chris Matterson Photography

Our Home

Unless otherwise stated, all our courses are held at:

**The Hills Hub
400A Belgrave-Gembrook Road,
Emerald, Vic 3782**

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A Note on Covid-19 Safety

All courses and activities will comply with DHHS or other current activity-specific guidelines to maximise COVID-19 safety and ensure the lowest risk to our members.

Please note that some classes may have restricted numbers attending due to social distancing requirements, and that some courses may have activity-specific Covid-Safe plans in place due to the circumstances surrounding their operation. Tutors will advise participants accordingly.

A Note on Courses in “Hybrid Mode”

Courses marked as operating in 'hybrid' mode will have participants in classes at the Hills Hub as well as being live streamed *via* Zoom.

New or revised courses for 2023 are highlighted in yellow

Table of Contents

Explore your creativity	4
Make something wonderful.....	7
Discussion and research.....	8
Learn more about our natural environment.....	10
Exercise and fitness.....	11
Games and hobbies.....	13
Learn a new language.....	14
Indulge your love of reading and writing.....	16
Music.....	18
Social and leisure activities.....	19

Explore your creativity

23ART001: Art: Open-Medium

Type: Long Course

Dates: 10/02/2023 - 22/12/2023

Frequency: 2nd & 4th weeks each month, Fri 13:00 - 16:00

Location: Multipurpose Room 1, Hills Hub, Emerald

Tutor: Iain Johnson

Join and explore with us, Art: Open-Medium such as Water-Colour, Oil, Acrylics and Pastels to list a few. Hands on with special emphasis on developing one's own style. Show and tell at the beginning of each class to openly critique each other's work and constructively comment and debate the merits of each work.

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order.

23ART002: Art History: Oddball Artists

Type: Short Course

Dates: 13/07/2023 - 23/11/2023

Frequency: 2nd & 4th weeks each month, Thu 10:00 - 12:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Helen Waring

Giuseppe Archimboldo, Sofonisba Anguissola, Hieronymus Bosch, what makes them oddballs? This course will showcase the oddballs, the misfits, the artists who didn't conform to existing artistic norms and standards, who weren't "fashionable". Some of these artists attained fame in their own time, others came to be appreciated centuries later.

23ART003: Arts and the Battle of Waterloo

Type: Short Course

Dates: 13/04/2023 - 22/06/2023

Frequency: 2nd & 4th weeks each month, Thu 10:00 - 12:00

Location: Training Rooms 1 and 2, Hybrid Hills Hub, Emerald

Tutor: Anne Richardson

The Battle of Waterloo was one of the most decisive moments of world history. This conflict attracted artists, poets and musicians to portray the event in a variety of different media. This course will explore the event and the artistic response from artists, writers, poets and musicians.

This course will be operated in 'hybrid' mode, if necessary, with live classes at the Hills Hub also streamed *via* Zoom.

23ART004: Botanical Art

Type: Long Course

Dates: 01/02/2023 - 20/12/2023

Frequency: 1st & 3rd weeks each month, Wed 13:00 - 15:00

Location: Multipurpose Room 1, Hills Hub, Emerald

Tutor: Kay Craig

This is a class where people interested in art, plants, and botany can learn to draw and paint plants in watercolour with botanical accuracy. Those taking part may be complete beginners or have some drawing or painting experience.

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order.

23ART005: Calligraphy**Type: Long Course****Dates: 08/02/2023 - 22/11/2023****Frequency: 2nd & 4th weeks each month, Wed 13:30 - 15:30****Location: Multipurpose Room 1, Hills Hub, Emerald****Tutor: Nola Bianco**

Have you ever wanted to make beautiful lettering? If so, a calligraphy course is what you need. Learn how to use a broad nibbed, dip pen to write different scripts. Experiment with different ways to use your calligraphy skills to enhance an envelope, gift tags, a place card or maybe a small book. Enjoy learning a new skill. Lessons every fortnight during the school term.

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order.

23ART006: History of Rock/Pop**Type: Long Course****Dates: 01/02/2023 - 15/11/2023****Frequency: 1st & 3rd weeks each month, Wed 13:00 - 15:00****Location: Multipurpose Room 3, Hills Hub, Emerald****Tutor: Jon Snyder**

Join us as we continue our journey on the development of popular and rock music through to the 1980's. We will also explore genres such as blues, folk, jazz, rhythm and blues, and country and western. The course will look at important milestones, including significant musicians, performers, song writers, record companies and producers, technological innovation, and social context.

This course is a continuation of the previous year's course, but new participants can easily join in. The course does not require any special musical theory knowledge. Instead, it does require an enthusiasm and willingness to engage in diverse musical styles and genres.

23ART007: Photography - Beginners**Type: Short Course****Dates: 08/02/2023 - 28/06/2023****Frequency: 2nd & 4th weeks each month, Wed 13:30 - 15:30****Location: Multipurpose Room 2, Hills Hub, Emerald****Tutor: Paul Bianco**

This course is aimed at budding photographers, no matter what type of camera or phone is used. It will cover the basic functions of cameras, photography and image jargon, basic understanding of exposure, use of programs other than Auto, use of built-in flash, various types of photography and the all-important camera to computer procedure. Be aware that an on-going Photography program is also offered.

This course will run only during Terms 1 and 2.

23ART008: Photography - Advanced**Type: Long Course****Dates: 08/02/2023 - 22/11/2023****Frequency: 2nd & 4th weeks each month, Wed 10:00 - 12:00****Location: Multipurpose Room 2, Hills Hub, Emerald****Tutor: Paul Bianco**

Provides a forum for members keen on photography to further develop knowledge of photography styles, techniques and approaches and to share their experiences with others of a like mind. The sessions will include appreciation of images, workshops skills and practices, storage of images and editing on a computer. There will also be presentations by members, by visitors and will include a number of field trips to gardens and at least one gallery.

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order.

23ART009: Seven Centuries of Music**Type: Short Course****Dates: 01/02/2023 - 05/04/2023****Frequency: Weekly, Wed 13:00 - 15:00****Location: Training Rooms 1 and 2, Hills Hub, Emerald****Tutor: Eddie Vaughan**

This course explores the development of Western music from the Late Middle Ages to the start of the Twentieth Century. It samples music from the Medieval, Renaissance, Baroque, Classical, and Romantic periods and discusses how the social histories of those times influenced the music. The tutor, Edward Vaughan, PhD, M.A. lectured on Psychology and Social Science at Monash University for many years and held visiting fellowships at Oxford, Trinity College Dublin, and a number of other overseas universities. He has not studied music formally, but has long been interested in the types of music featured in this course.

A minimum of six participants is required for this course to run.

Make something wonderful

23CRA001: Hills Hub Craft Makers

Type: Long Course

Dates: 08/02/2023 - 22/11/2023

Frequency: 2nd & 4th weeks each month, Wed 10:00 - 12:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Sue Farr

This is a craft group that has been operating at The Hills Hub, but is now incorporated into U3A. We have members who do all hand crafts - knitting, crochet, quilting, applique, cross stitch - and love sharing our skills and assisting those who want a challenge. We share what knowledge we have with other members of the group, so bring your own work along, and make new craft friends!

23CRA002: Needlework

Type: Long Course

Dates: 06/02/2023 - 04/12/2023

Frequency: 1st Monday each month, Mon 9:30 - 12:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Pepe Pugh

If it requires a needle (knitting or sewing type) this is your group! Knitting Cross Stitch Tapestry Embroidery and Crochet are all embraced. This is an informal group where you can work on your own projects. Dig out any unfinished projects that have been in a cupboard for years & bring them along. You don't have to be an expert. Beginners are welcome.

23CRA003: Working with Wood

Type: Long Course

Dates: 06/02/2023 - 20/11/2023

Frequency: 1st & 3rd weeks each month, Mon 13:30 - 16:30

Location: Hills Hub Workshop, Hills Hub, Emerald

Tutor: Blythe Osborne

You can take part in all of the following: 1. Make a toolbox for yourself. 2. Repair an item of furniture. 3. Design and make a bookshelf or any item of furniture. 4. Learn how to use power tools and hand tools safely for any other woodwork in the home. 5. Maintenance of hand tools & learn to keep them sharp & working.

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order.

Discussion and research

23DIS001: Australian and World History

Type: Long Course

Dates: 13/02/2023 - 27/11/2023

Frequency: 2nd & 4th weeks each month, Mon 10:30 - 12:30

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Dick Bartley

This course explores topics in Australian, indigenous and World history. The topics will be developed in areas derived by the members of the class. Instead of a chronological treatment of topics, the intention is to study aspects of History that participants identify.

23DIS002: Current Affairs

Type: Long Course

Dates: 06/02/2023 - 20/11/2023

Frequency: 1st & 3rd weeks each month, Mon 10:30 - 12:30

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Dick Bartley

This class is not only about discussing current events but also to do some research into a topic. The intention is for the class to develop a list of topics that they would like to examine. Each participant to undertake some background reading and during class participation present and discuss the facts. Given we will from time to time discuss issues that people feel strongly about, the objective is to present various arguments which participants can consider. Hopefully, we can all learn more and become better informed about a current issue. We also hope to utilise various media options (radio interviews, Slow TV, iView) as a basis for input on various topics.

This course will be operated in 'hybrid' mode, if necessary, with live classes at the Hills Hub also streamed *via* Zoom.

23DIS003: Genealogy

Type: Long Course

Dates: 07/02/2023 - 21/11/2023

Frequency: 1st & 3rd weeks each month, Tue 13:00 - 15:30

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Hilary Thomas

Genealogy, with an emphasis on DNA as well. Learn how to find your ancestors in a myriad of records, including on-line versions. Establish a system for Record Keeping and a Family Tree. Learn the history of your family, their places of birth, and the journeys they undertook to arrive in Australia. A Laptop computer is necessary, notebook and pens. This is a very friendly, helpful group with a range of experience.

23DIS004: Philosophy

Type: Short Course

Dates: 14/02/2023 - 26/09/2023

Frequency: 2nd & 4th weeks each month, Tue 10:00 - 12:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Eddie Vaughan

This course explores questions that arise frequently in philosophy, but it does not require any special reading or assume previous study of philosophy. The course will outline the opinions on them offered by prominent philosophers, but there will be opportunities for class members to discuss their own opinions. Here are some of the questions that arise in philosophy: What is the Ideal life? What — if anything - can we claim to know for certain? Is democracy the best kind of government? Do we have free will? How do we judge good and bad? Should rights be subordinate to social order? Is human life more important than animal life? Artificial intelligence: Can machines think?

Please note that this course runs during Terms 1 and 3 only.

23DIS005: Nature of Reality**Type: Short Course****Dates: 09/05/2023 - 13/06/2023****Frequency: 2nd & 4th weeks each month, Tue 10:00 - 12:00****Location: Training Rooms 1 and 2, Hills Hub, Emerald****Tutor: Martin Buoncristiani**

The full title of this course is "Nature of Reality: Physics and Metaphysics Revisited". Aristotle's distinction between Physics and Metaphysics (which he called First Philosophy) has evolved with changes in both fields. Currently, there are extravagant claims about the nature of reality made by both camps. These three sessions will explore these changing ideas about reality with the objective of finding a reasonably balanced view of metaphysics.

Learn more about our natural environment

23ENV001: Evolving Marvels of the Universe

Type: Long Course

Dates: 13/02/2023 - 13/11/2023

Frequency: 2nd Monday each month, Mon 13:00 - 15:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Martin Buoncristiani

The full title of this course is "Evolving Marvels of the Universe: Keeping up with Physics, Astronomy and Cosmology". We frequently hear of marvelous discoveries in science reported in the news. Mysteries of dark matter, entangled particles, black holes colliding and astounding images from the depths of space. This new series follows from the tutorial "Cosmological and Astronomical Ideas" I gave for several years. It plans to explain these emerging wonders so that everyone can appreciate them.

23ENV002: Spotlight on the Environment

Type: Long Course

Dates: 16/02/2023 - 16/11/2023

Frequency: 3rd Thursday each month, Thu 13:30 - 15:30

Location: Multipurpose Room 1, Hills Hub, Emerald

Tutor: Bruce Richardson

Each month, we will examine current 'hot topics' in environmental science - from climate change to pollution. We will look back at the history of the subject (and how that has influenced our current opinions) and forward to our future prospects. As usual, we'll also have some fun along the way.

This course will be operated in 'hybrid' mode, with live classes at the Hills Hub also streamed *via* Zoom.

Exercise and fitness

23EXE001: Bushwalking (Mondays)

Dates: 06/02/2023 - 27/11/2023

Location: Tutor will provide details

Type: Long Course

Frequency: Weekly, Mon 9:00 - 12:00

Tutor: Dot Radings

The bushwalking group will meet in various starting locations, as advised by the tutor, every Monday at 9.00. Walks will generally be somewhere in the areas of Lysterfield, Mt Dandenong and Gembrook, Berwick, and Pakenham. Expect to walk about 6-8 km each week. Each walk takes from 90 to 120 minutes. There will be some rough and steep tracks. Reasonable fitness required. The leader will carry a basic first aid kit. There are no walks in school holidays, days of Total Fire Ban and very rainy days.

Participants need to be fit and are expected to bring a drink, wear good walking shoes, appropriate clothes and a hat. Walks will be cancelled on days of Total Fire Ban or other extreme weather conditions. Please ensure that your emergency contact details are included on the reverse of your U3A name badge. **Importantly, please note that participants CANNOT enrol in both Bushwalking classes.**

23EXE002: Bushwalking (Wednesdays)

Dates: 01/02/2023 - 29/11/2023

Location: Tutor will provide details

Type: Long Course

Frequency: Weekly, Wed 9:00 - 12:00

Tutor: Dot Radings

The bushwalking group will meet in various starting locations, as advised by the tutor, every Wednesday at 9.00. Walks will generally be somewhere in the areas of Lysterfield, Mt Dandenong and Gembrook, Berwick, and Pakenham. Expect to walk about 6-8 km each week. Each walk takes from 90 to 120 Minutes. There will be some rough and steep tracks. Reasonable fitness required. The leader will carry a basic first aid kit. There are no walks in school holidays, days of Total Fire Ban and very rainy days.

Participants need to be fit and are expected to bring a drink, wear good walking shoes, appropriate clothes and a hat. Walks will be cancelled on days of Total Fire Ban or other extreme weather conditions. Please ensure that your emergency contact details are included on the reverse of your U3A name badge. **Importantly, please note that participants CANNOT enrol in both Bushwalking classes.**

23EXE003: Pickleball

Dates: 07/02/2023 - 28/11/2023

Location: Indoor Sports Complex, Mountain Road Reserve, Cockatoo

Type: Long Course

Frequency: 1st & 3rd weeks each month, Tue 13:00 - 15:00

Tutor: Mal Bowmaker

Pickleball is a fun paddle sport which you can learn in minutes and play for a lifetime. There is a net, paddles and a lightweight ball and you can play singles or doubles. Pickleball is lower impact than tennis and has features of table tennis and badminton. Young or older or in-between, you'll enjoy this game which can be competitive or just fun and social. Pickleball will keep you active without being too energetic. If you want to get involved in a fun, social and active game, Pickleball is for you!

23EXE004: Table Tennis (Tuesdays)**Type: Long Course****Dates: 03/01/2023 - 19/12/2023****Frequency: Weekly, Tue 9:30 - 12:00****Location: Multipurpose Rooms 1 2 and 3, Hills Hub, Emerald****Tutor: Linda Andrews**

We are a very enthusiastic group of players whose aims are fitness and fun. We laugh as hard as we play. You don't have to play at Olympic standard to join us. Classes are held every Tuesday 9:30am-12:00 Noon.

Please note: Classes are held twice weekly on every Tuesday (9:30am-12:00 Noon) & Friday (9:30am-12:00 Noon), and participants may enrol in both Table Tennis classes. Also note that attending class numbers may be limited by social distancing requirements. Covid-Safe plans have been developed specifically for exercise-based courses, and all participants must abide by these requirements.

23EXE005: Table Tennis (Fridays)**Type: Long Course****Dates: 06/01/2023 - 22/12/2023****Frequency: Weekly, Fri 9:30 - 12:00****Location: Multipurpose Rooms 1 2 and 3, Hills Hub, Emerald****Tutor: Linda Andrews**

We are a very enthusiastic group of players whose aims are fitness and fun. We laugh as hard as we play. You don't have to play at Olympic standard to join us. Classes are held every Friday 9:30am-12:00 Noon.

Please note: Classes are held twice weekly on every Tuesday (9:30am-12:00 Noon) & Friday (9:30am-12:00 Noon), and participants may enrol in both groups. Also note that attending class numbers may be limited by social distancing requirements. Covid-Safe plans have been developed specifically for exercise-based courses, and all participants must abide by these requirements.

23EXE006: Yoga**Type: Long Course****Dates: 05/01/2023 - 21/12/2023****Frequency: Weekly, Thu 9:30 - 10:30****Location: Multipurpose Rooms 2 and 3, Hills Hub, Emerald****Tutor: Ray Schmidt**

Yoga is an old discipline from India. It is both spiritual and physical. Yoga uses breathing techniques, exercise, and meditation. It claims to improve health and happiness.

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order. Covid-Safe plans have been developed specifically for exercise-based courses, and all participants must abide by these requirements.

Games and hobbies

23GAM001: Bridge

Dates: 02/02/2023 - 30/11/2023

Location: Multipurpose Room 2, Hills Hub, Emerald

Type: Long Course

Frequency: Weekly, Thu 13:30 - 16:30

Tutor: John Ritchie

Enjoy great social and mental stimulation by playing Bridge in a friendly environment! Both beginners and experts are welcome. If appropriate, lessons will be held separate from play sessions. Our emphasis is on enjoyment rather than intense competition, so come along and join us!

Please note that Covid-Safe plans have been developed specifically for courses involving the exchange of gaming objects such as cards, and all participants must abide by these requirements.

23GAM002: Model Railways

Dates: 01/02/2023 - 01/11/2023

Location: Tutor will provide details

Type: Long Course

Frequency: 1st Wednesday each month, Wed 14:00 - 16:00

Tutor: Mal Bowmaker

Interested in Model Railways? Do you like to discuss your rolling stock and layouts with other interested members? Then this is the course for you.

We will meet monthly in localities to be advised by the tutor.

23GAM003: Scrabble

Dates: 14/02/2023 - 12/12/2023

Location: Training Room 2, Hills Hub, Emerald

Type: Long Course

Frequency: 2nd Tuesday each month, Tue 13:30 - 16:00

Tutor: Norma Pugh

Scrabble is a word game which does wonders for your spelling and vocabulary. You don't have to be an expert. Beginners are very welcome!

Please note that attending class numbers may be limited due to social distancing requirements. Covid-Safe plans have been developed specifically for courses involving the exchange of gaming objects such as cards, and all participants must abide by these requirements

Learn a new language

23LAN001: German for Beginners

Type: Long Course

Dates: 17/01/2023 - 12/12/2023

Frequency: Weekly, Tue 17:00 - 18:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: John Maguire

Make your next European trip so much more enjoyable! Learn basic German conversation in a friendly, supportive and relaxed atmosphere! As a component of the course, you will also discover aspects of German culture and history. Whether you are completely new to German, the first language of over a hundred million Europeans, or have some previous knowledge, you will feel 'Willkommen' (welcome) in this class!

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order.

23LAN002: Italian (Beginners)

Type: Long Course

Dates: 03/02/2023 - 17/11/2023

Frequency: 1st & 3rd weeks each month, Fri 10:00 - 12:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Dolores Bellemo

Learn Italian in a relaxed and friendly environment. No prior knowledge or experience required. The course includes Italian cultural activities such as movies and songs, a visit and lunch in Lygon Street and Christmas lunch at the Tutor's home.

This course does not meet during school holidays.

23LAN003: Italian (Intermediate 1)

Type: Long Course

Dates: 10/02/2023 - 24/11/2023

Frequency: 2nd & 4th weeks each month, Fri 10:00 - 12:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Dolores Bellemo

Some knowledge of Italian and a love of Italian culture are assumed in this class which aims to reinforce Italian grammar, reading, and conversation. The course includes Italian cultural activities such as movies and songs, a visit and lunch in Lygon Street, and Christmas lunch at the tutor's home.

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order. This course does not meet during school holidays.

23LAN004: Italian (Intermediate 2)

Type: Long Course

Dates: 10/02/2023 - 24/11/2023

Frequency: 2nd & 4th weeks each month, Fri 10:00 - 12:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Aldo Bellemo

This course will reinforce what's already been learnt plus new grammar which as yet has not been taught.

Current member of the class will have priority until 12th December 2022, after which enrolments will be taken in time order. This course does not meet during school holidays.

23LAN005: Italian Conversation (Advanced Students)

Type: Long Course

Dates: 03/02/2023 - 17/11/2023

Frequency: 1st & 3rd weeks each month, Fri 10:00 - 12:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Aldo Bellemo

This Class is mainly a conversation class. Emphasis will be placed on Italian Culture, Art, Architecture and Italian life in general.

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order. This class does not meet during school holidays.

23LAN006: Japanese for Beginners

Type: Long Course

Dates: 10/02/2023 - 24/11/2023

Frequency: 2nd & 4th weeks each month, Fri 13:00 - 15:00

Location: Training Rooms 1 and 2, Hills Hub, Emerald

Tutor: Sonia Morison

Participants in this class have been learning Japanese for around 2 years and now are familiar with giving introductions, asking and answering simple questions, talking about time etc. They have also been learning to read hiragana (one of the written scripts of Japanese). The class is no longer for "true" beginners so if you have some prior experience learning Japanese (however rusty), this course may be for you.

Classes for this course will not be held during School Holiday periods. **Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order.**

Indulge your love of reading and writing

23LIT001: Wattle Book Group

Type: Long Course

Dates: 14/02/2023 - 14/11/2023

Frequency: 2nd Tuesday each month, Tue 10:00 - 12:00

Location: Hills Hub Upstairs Meeting Room

Tutor: Tanya Cooke

If you enjoy reading, extending your genres and lots of highly interesting discussion, then you will enjoy this group. Each month we receive a book from the library's extensive set of book group titles. We also share our favourite books as well as any podcasts or other aspects of interest around books. Many books, if you wish, can also come in eBooks/audiobooks. Morning tea is also enjoyed during the session. Come and join us!

23LIT002: Eucalypt Book Group

Type: Long Course

Dates: 14/02/2023 - 14/11/2023

Frequency: 2nd Tuesday each month, Tue 13:30 - 15:30

Location: Training Room 1, Hills Hub, Emerald

Tutor: Tanya Cooke

If you enjoy reading, extending your genres and lots of highly interesting discussion, then you will enjoy this group. Each month we receive a book from the library's extensive set of book group titles. We also share our favourite books as well as any podcasts or other aspects of interest around books. Many books, if you wish, can also come in eBooks/audiobooks. Afternoon tea is also enjoyed during the session. Come and join us!

23LIT003: Book Issues/Quarterly Essay

Type: Long Course

Dates: 06/02/2023 - 06/11/2023

Frequency: 1st Monday each month, Mon 9:00 - 10:00

Location: Upstairs Meeting Area, Hills Hub, Emerald

Tutor: Dick Bartley

The Book Issues Group study a reading on a topical current issue, then schedules a meeting to discuss the issues presented. In 2023, each month there will be a reading on a current issue, which is then discussed at a set session.

23LIT004: Creative Writing

Type: Long Course

Dates: 03/02/2023 - 17/11/2023

Frequency: 1st & 3rd weeks each month, Fri 12:30 - 15:00

Location: Hills Hub Upstairs Meeting Room

Tutor: Peter Saunders

We meet once a fortnight for 2.5 hours. The first hour is spent doing fun writing activities and exercises. Following a tea break, we take turns to read our homework pieces aloud to everyone else, who are all given a printed copy. It is optional for any person to ask for feedback, constructive criticism and suggestions regarding the pieces. At the end of the session a new homework word or sentence is chosen for the following session. It is amazing how the pieces vary greatly from person to person e.g., poetry, prose or plays; serious or humorous. The group is about writing for pleasure. Help will be given in punctuation or grammar, typing and printing if required.

You are welcome to come along just to see if this might be a class for you.

23LIT005: Play Readings**Type: Long Course****Dates: 06/02/2023 - 20/11/2023****Frequency: 1st & 3rd weeks each month, Mon 12:30 - 15:30****Location: Hills Hub Upstairs Meeting Room****Tutor: Peter Saunders**

Have you wished to be in a theatre play but never have? Now is your chance, without having to go to rehearsals. We will be reading aloud many types of plays, hoping to bring the characters and plot alive. No prior experience is needed, just enthusiasm. Participants can take a role to read or be part of the audience. At the end of the play there will be discussion about it. The group leader, Peter Saunders, in a previous life, was very experienced in local theatre.

23LIT006: The Art of Storytelling**Type: Short Course****Dates: 27/04/2023 - 22/06/2023****Frequency: Weekly, Thu 13:00 - 15:00****Location: Training Rooms 1 and 2, Hills Hub, Emerald****Tutor: Jim Brown**

- (1) An overview of storytelling in all its different forms throughout history, e.g., essays, poetry, diaries, family histories etc.
- (2) Creative writing techniques, printing and publishing.
- (3) Performance techniques for live story telling.
- (4) Simple recording techniques for preserving the stories of others. Participants will finish the course by creating and sharing a story of their own. This won't be a competition, but a chance for course members to express themselves, and also hear (and be inspired by) the stories of others.

Participants must be able to send and receive emails in order to undertake and review the assignments which form part of this course.

23LIT007: You May Be A Poet**Type: Short Course****Dates: 04/07/2023 - 07/11/2023****Frequency: 1st Tuesday each month, Tue 10:00 - 12:00****Location: Training Rooms 1 and 2, Hills Hub, Emerald****Tutor: Pat Buoncristiani**

You may be a poet, and you just don't know it! This is an opportunity to try your hand at some different poetic forms. Come along and play with the words and the rhythms of our language. It's about exploration and fun. Most of all, it's about the music we can find in words and how we put them together. Be prepared to share, discuss what we like about each other's attempts and suggestions that might take us a step further. Two hours once a month so there is time between sessions to do some poetic exploration on our own.

Music

23MUS001: Musicians Sharing Group

Type: Long Course

Dates: 07/02/2023 - 28/11/2023

Frequency: Weekly, Tue 10:30 - 12:30

Location: Evergreens Hall, Church St, Emerald

Tutors: Gaye Dunstan & Robyn Sorensen

Do you delight in the making of music? This weekly gathering aims to give musicians a chance to perform for and with each other in a non-threatening environment. Both individual and small group performances will be encouraged alongside of participation in the whole group music. Whether you have recently started playing for the first time or are picking up after a long break this may be what you have been looking for. Robyn Sorensen, who is the other tutor for the group, arranges music for the specific mix of instruments we play and leads the group playing. We encourage all instrumentalists to join us.

Current members of the class will have priority until 12th Dec 2022, after which enrolments will be taken in time order.

23MUS002: Music Jamming

Type: Long Course

Dates: 09/02/2023 - 14/12/2023

Frequency: 2nd Thursday of each month, Thu 14:00 - 16:00

Location: Downstairs Meeting Space, Hills Hub, Emerald

Tutor: Paul Bianco

This activity is an opportunity to give like-minded members an opportunity to get together, jam and have fun. It is to be an informal gathering around the grand piano at the Hub, with a few guitars, a ukulele or two and who knows, sharing songs selected by the members of the group. The group will meet from 2pm to approximately 4pm on the 2nd Thursday each month.

23MUS003: Over The Hills Singers

Type: Long Course

Dates: 01/02/2023 - 29/11/2023

Frequency: Weekly, Wed 16:00 - 18:00

Location: Multipurpose Rooms 1 and 2, Hills Hub

Tutors: Ros Winter & Graham Dunstan

Two hours of fun, social contact and well-being through singing. Our program incorporates preparation for singing - relaxation, breathing and vocal exercises - canons, rounds, songs in unison and harmony of various genres - traditional, folk, musicals, spirituals, modern.

Please note that Covid-Safe plans have been developed specifically for courses involving singers and musicians, and all participants must abide by these requirements.

Social and leisure activities

23SOC001: Autumnal Reflections in Emerald Cemetery

Type: Short Course

Dates: 02/03/2023 - 23/03/2023

Frequency: Weekly, Thu 14:00 - 16:00

Location: Tutor will provide details

Tutor: Dorothy Scott

There will be presentations about and visits to the graves of individuals who made a significant contribution to the community in the twentieth century. The individual narratives will be explored in terms of their historical context (local, national and international) and the issue(s) salient to that individual's life and contribution. In the second half of each session anyone who wished to share what they know about another person laid to rest in the cemetery would be invited to do so, with a focus on what that person's life can teach us. The diversity of headstones and how they resonate with each of us ("what moves us, delights us or intrigues us?") will lead to a discussion about diverse and changing ways of remembrance.

The course will extend over 4 sessions, with a possible extension to 6 sessions if participants are interested. The tutor will advise members of the address where each meeting will take place.

23SOC002: Cinema Classics

Type: Long Course

Dates: 20/02/2023 - 20/11/2023

Frequency: 3rd Monday each month, Mon 13:00 - 16:30

Location: Gem Theatre, 19 Kilvington Drive, Emerald

Tutor: Dale Allen

Cinema Classics is a group that meets monthly to view a movie of interest, usually, a movie produced some time between 1930s - 60s although on special occasions we do view more recent movies. The program consists of a first half featuring a selection of short films which may include a cartoon, or perhaps a serial from the 40s - 50s.

Suggestions for films from the group members are most welcome. During 2019 the average rating by group members for movies shown was over 4 stars out 5 with a number receiving close to a 5-star rating.

23SOC003: Coffee Club

Type: Long Course

Dates: 21/02/2023 - 21/11/2023

Frequency: 3rd Tuesday each month, Tue 10:00 - 12:00

Location: Tutor will provide details

Tutor: Maureen Trotter

The Hills are full of interesting cafes and coffee shops. Let's sample them together. This is a good opportunity to meet and get to know other U3A members.

Bring your 'bucket list' of interesting cafes to our first meeting, and we will work out the rest of our program from all of the suggestions on that day.

23SOC004: Expand Your Cooking Repertoire

Type: Long Course

Dates: 09/02/2023 - 09/11/2023

Frequency: 2nd Thursday of each month, Thu 15:00 - 18:00

Location: Kitchen and Multipurpose Room 3, Hills Hub, Emerald

Tutor: Heather Bishop

Share your special dish or cooking favourite with the group when it's your turn. For the rest of the year enjoy learning from others; eat, drink and be merry!

23SOC005: Exploring Victoria 1**Type: Long Course****Dates: 02/02/2023 - 02/11/2023****Frequency: 1st Thursday each month, Thu 9:00 - 16:30****Location: Tutor will provide details****Tutor: Sandy Meyers**

Join us as we explore some of the very many interesting country towns, museums, galleries, streetscapes, historic buildings, parks and gardens in our part of Victoria. Our very friendly group travel by public transport wherever possible and carpool to other locations. Bring your Myki card and comfortable shoes! Most months, we meet at 8.30am in Emerald and catch bus and train towards our destination. When we carpool, we meet at Pepe's land on Beaconsfield-Emerald Road. We usually start our outing with a leisurely cuppa and it includes lunch somewhere nearby our outing destination before our return home to Emerald.

Please note that Covid-Safe protocols will apply to all participants in this course. **Participants cannot enrol in both Exploring Victoria 1 and 2.**

23SOC006: Exploring Victoria 2**Type: Long Course****Dates: 02/02/2023 - 02/11/2023****Frequency: 1st Thursday each month, Thu 9:00 - 16:30****Location: Tutor will provide details****Tutor: Anne Bartley**

Join us as we explore some of the very many interesting country towns, museums, galleries, streetscapes, historic buildings, parks and gardens in our part of Victoria. Our very friendly group travel by public transport wherever possible and carpool to other locations. Bring your Myki card and comfortable shoes! Most months, we meet at 8.30am in Emerald and catch bus and train towards our destination. We then have a leisurely cuppa before our activity, decide upon a café for lunch, then catch the train home again.

Please note that Covid-Safe protocols will apply to all participants in this course. **Participants cannot enrol in both Exploring Victoria 1 and 2.**

23SOC007: Gardening**Type: Long Course****Dates: 20/02/2023 - 20/11/2023****Frequency: 3rd Monday each month, Mon 13:00 - 15:00****Location: Tutor will provide details****Tutor: Heather Bishop**

Open to all who are interested in gardens/gardening. We visit gardens both private and public, discuss garden problems and invite guest speakers. With a shared interest, we find we enjoy each other's company very much.

Classes are held in the Hills Hub during the Winter Months (July and August).

23SOC008: Wine Appreciation**Type: Long Course****Dates: 03/02/2023 - 17/11/2023****Frequency: 1st & 3rd weeks each month, Fri 17:00 - 19:00****Location: Training Rooms 1 and 2, Hills Hub** **Tutors: Henk Van den Bergen & Russell Soderlund**

This Wine Appreciation Course is about tasting wines, learning about different wines and having fun. The more you know about the wine you are drinking, the more you will enjoy and appreciate it. This course will be aimed at both beginners and people with wine knowledge.

Please note that Covid-Safe plans have been developed specifically for courses involving the consumption of beverages, and all participants must abide by these requirements.
